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GOULD ACADEMY NOTES

The following new students registered Tuesday morning:

Seniors: Angela C. Eldridge, Kathleen Elliott, Emily F. Way.

Juniors: Gordon F. Dragg, R. Allen Schorn, Karl E. Eames, Raymond Staples.

Sophomores: Howard D. Brooks, John H. Thurston, Marjorie L. Thurston.

Freshmen: Hildred Bartlett, Laurence E. Bartlett, Wilbert M. Bartlett.

son, Bartlett, Warren Beag, Ruth
son, Ruth M. Bennett, Frank
apman, Merton Conner, Elizabeth
nane, Dorothy Planders, Isabel
son, Jeannette Gibson, Donald
Donald Heald, Barbara H. Herrie
Merrill A. Herrick, Mabel Harrie
Hilly Hinely, Merlie T. Kimball
ert S. Littlehall, Charles E. Low
ry A. Lowe, Eleanor Linnell, Hazel
cher, Charles E. Poole, Clarence
Lewis F. Sprague, Elsie L. Spr
Marguerite Sprague, Mabel Sp
y Tibbitts, Mary Thurston, Hen
L. C. Tibbitts, A. L. Tibbitts, A. L.

There have been several changes in the faculty. Miss Marjorie Bailey of Bangor, Maine, is instructor in Mathematics. Miss Bailey is a graduate of the University of Maine and has been principal and head of the department.

Mathematics at Lee Academy for
past two years.
Miss Pearl Talbot of South Portland
is graduate of Gorham Normal and a
LaSalle Institute of Normal Method-
ist is supervisor of music in
and in the academy. She has been
light in North Conway, N. H., and
ington, Conn.

Miss Dorothy Swain of Hantsport
as a teacher, is a graduate of the Acad-
emy's Seminary, Wolfville, Nova
 Scotia, and of the Carle School of
 Education in Boston. Miss Swain
 is now an instructor of Public Speaking
 Physical Director of the girls.

Raymond Fosselt returns to us as an
instructor of Manual Training and a
teacher. Mr. Fosselt is a graduate of
Normal Normal School, and of Bates
 College where he was graduated with
Beta Kappa honors.

Principal and Mrs. Hanson spent the
summer in Kennebunk.

Lesterfield, Mr. Braime and Mrs.
attended the summer session of

PARENT-TEACHER NOTES

Regular meeting of the P. T. Association at the Grammar School, Monday evening, Sept. 22, 1927, 8 o'clock.

agents and friends of the arboreal
 garden to attend. A program will
 be presented and the Southern Inter-
 state the annual meeting and the
 dates and appointments for the year
 made.

OFFICIALS OF THE SOCIETY OF
THE PARIS WOMAN
ON TOUR OF EUROPE
 WILL VISIT
 HEREIN, AUG. 11 of South Park.
 The tour will be for the
 Mass. District of the American
 Society of Women, and to Italian

[illegible]

Mr. T. F. Fickel returned for home in the Tuesday and left for New York where they will spend a few days resting on the automobile trip from Florida. Carl Goldard accompanied them.

Brown and L. E. Davis went to town Friday and drove the tractor to Hethel. This machine was purchased last spring and used to break out the roads and the towns the coming winter.

red is Herrick Bros. Co. garage.

DIRECTORY

tion is extended to
ing to any of these
sit meetings when
E, No. 97, F. & A.
life Hall the second
of each month.
V. M.; Mrs. Emma
en, Secretary.
DGE, No. 31, L. O.
air hall every Fri-
Gibbs, N. G.; U.
ry.

KAH LODGE, No.
ts in Odd Fellows
third Monday eve-
h. Mrs. Gertrude
Emily B. Forbes,

GE, No. 22, K. of
Hall the first and
each month. R. C.
st Melniss, K. of

MPLE, No. 51,
S, meets the first
Monday evening
range Hall, Mr.
E. C. Mrs. Har-
and C.

No. 54, G. A. R.,
s' Hall the second
Thursday of each
month. Command-
Adjutant; L. N.

C, No. 36, meets
the second and
evenings of each
month. President;
Secretary.

NDT POST, No.
GION, meets the
Tuesday of each
month. J. M. Har-
Charles Tuell, Ad-

ARDS CAMP, No.
first Tuesday of
each month. E.
Anderson; Carl L.

No. 56, P. of
Hall the first and
evenings of each
month. E. W. W.

association. Meet-
each month at
ring school year.
rick; Secretary.

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W. R. D.

The Green Cloak

By YORKE DAVIS

WNU Service, Copyright, 1928

STORY FROM THE START

Dr. Ronald McAllister, psychol-
ogist, undertakes to solve the
mystery of the murder of a re-
fugee, Henry Morgan. The dead
man's papers reveal that he had
been in New Zealand, where Mc-
Allister had lived in his youth.
Will Harvey testifies to seeing a
woman in a green cloak at the
Morgan home the night of the
murder. Doctor McAllister is
asked to see a young woman pa-
tient in a hospital in her de-
lirium who mutters in a strange
language which only McAllister
understands. To suppose she
may know something of the mur-
der. A carefully hidden man is
discovered by McAllister and As-
stant District Attorney Ashton
in Morgan's home. While they
are searching a young woman
enters the house in the darkness
and escapes, leaving behind a
green cloak, a young woman,
giving her name as Jane Perkins.
McAllister takes the woman to
the laboratory for an undetected
purpose. The head waiter, Wilkins
admits Jane Perkins is employed
at the hotel.

CHAPTER VI—Continued

"I was sent up here to do up the
bedrooms, sir," she said. "Was there
any mistake about it, sir?"
I realized now how "face" and
"tail" had suggested a rhyme to Har-
vey. She pronounced the word, "mis-
take," in the vilest coyness.
"No, it's quite right," said I. "Come
in."

Doctor McAllister led her straight
through into the bedrooms with no
more than a glance at her, and on to
her general direction.
"Well," he said, "how about it?
Does the resemblance strike you?"

"I don't think it would have struck
me had I not been looking for it. But
I imagine if we could get photographs
of these two faces and put them side
by side, they'd look a good deal alike."

He looked at me rather oddly,
turned away and paced the length of
the room a couple of times. It was
one of his inconspicuous and unexpected
characteristics that he liked to whistle
or hum popular tunes to himself when
he was thinking in an abstracted way.
He began to do it now, though it was
no popular tune which his fancy
suggested at the moment. It took me a
minute or two to identify the queer, chan-
celor cadence which he hummed over
and over again. I did not identify it.
In fact, until he left off humming and
began to sing, and then the natural
words he used gave me the clue. It
was that ghastly death chant we had
heard the girl in the hospital droning
and mumbling to herself.

Presently he strode over to the man-
icure. There was a large ornate
narrow-throated vase at the end of
it, and the doctor began tapping
it with his finger. He held it with a
little pearl-handled pocket knife. I
turned round in some surprise.

"That sounds as if it were full of
water," said I.
"It is."

"Well, who in the world can ever
have thought of putting water in that
vase?"

"Who, indeed?" he said. "Oh, look
here, will you, Phelps? I've dropped
my knife into it."

It was curiously unlike him to do
in the clumsy thing like that, quite
at variance with the vase, which
had never held a flower, should be
full of water. But suddenly something
in his face told me that the thing he
had done was part of a carefully cal-
culated trick.

The next moment he called out
"Perkins—"

"Yes, sir," came the chambermaid's
reply from the next room. "Coming,
sir."

As she entered the room he turned
to her and indicated the vase. "I've
just dropped my pocket knife in there,"
he said, "and my hand is too big to
reach through the throat of it. Do you
think you can fish it out for me?"

"My hand isn't as small as mine,
sir," she said with fat good humor.
"Well, anyway, I can try."

"Well on," the doctor cried as she
reached her hand toward the vase. "The
thing is full of water. You'll get your
finger wet."

I was standing close by waiting to
see what would happen, with utterly
no bias for a guess as to the doctor's
purpose.

The girl slipped back her sleeve and
dipped her arm into the vase.
And I, unable to believe what my
eyes had seen, clutched the doctor's
cuff and stared, astounded, into
his thoughtful face. For high up on
the girl's forearm, just inside the el-
bow, was a tattoo mark in red and
blue—a mark that I had not forgotten.

CHAPTER VII

It was fortunate that she did not
look into my astonished face, be-
cause for the first few moments I had

no control of it at all, and to any eye,
even a stupid one, it would have be-
trayed strange matters. At first I
simply stared at that mysterious little
tattoo mark in red and blue; it seemed
as if I could not pull my eyes away
from it. But at last, rubbing my hands
over them, I looked up at the doctor,
astonished, questioning, incredulous,
and yet convinced.

Of any such momentary turmoil his
own face showed absolutely no sign.
It was calm, almost to the edge of
indifference, but his bright old eyes
not mine for just an instant with a
flashing look that admonished me of
the necessity for self-control.

I pulled myself together, turned
away for just the space of one deeply
indrawn breath, then turned back
again for a look at the girl. She was
bending over the vase, her head
plunged down to the bottom of it,
where she was fishing about for the
doctor's knife. She was evidently a
good-humored sort of person, easily
pleased. The doctor's pretended mis-
hap and her own efforts to retrieve it,
seemed to be providing her with gen-
uine amusement. She smiled and
giggled and chattered all the while she
was groping around for the knife, and
uttered a triumphant exclamation
when she found it.

All at that I barely saw, for I was
searching, too, searching her face with
a concentrated gaze that would have
astonished her had she encountered it.
As I looked, in the light of my new
knowledge of her, the physical iden-
tity of her features with those of the
wild girl became steadily more appar-
ent, until I was forced to marvel at
my previous blindness to it. Physi-
cally the face was the same; but ev-
erything of bone and flesh, every in-
finitely subtle muscular strain or relax-
ation about lip, eyelid and brow, ev-
erything which makes of the human face
a window through which the soul looks
out—all of that was different. Her
movements were different. Sensory
and motor nerves must be keyed to
an altogether different pitch. The
deep, steady color in her cheeks told
of a pulse that beat at an entirely dif-
ferent rhythm. I remembered the
pulse of her body the last time we
had stood face to face with her there
in Henry Morgan's study, her attitude
of frozen alertness, the deep breath
drawn in through the dilated nostrils.
She had caught our scent then and at-
tempting it as something strange
and perilous, had fled like a shadow.

The doctor was standing close beside
her, and now again he began humming
the weird endowment of the death chant
which I had heard for the first time

"I Don't See Anything but a Spot of
Yellow Light!"

myself—Wellington, New Zealand, but
I never heard that language."

"No," he said. "You'd have to go a
matter of a thousand miles or two
from Wellington to hear that; it's
Maori."

"I never heard of him. Is that all,
sir? Shall I do up the rooms?"

He nodded; but as she turned to
leave the room he called her back.

"You're rather near-sighted, aren't
you, Perkins?" he said.

"Oh, no, sir; quite to the contrary,
in fact. I can see farther than most
people."

"Did you ever have your eyes
tested?"

"Measured for glasses, do you
mean, sir?" she asked. "No, sir. I
shan't ever come to them."

"Sit down in that chair a minute,"
said the doctor, with an easy assump-
tion of authority. "No, not that one;
this big chair here. I want to see if
your eyes are as good as you think
they are."

The chair he indicated, and in which
she rather reluctantly seated herself
was deep and soft and heavily uphol-
stered. Neither the doctor nor I en-
joyed sitting in it, however, because
the curve at the back thrust one's
head forward at an unnatural angle.

"Lean back," commented the doctor,
"all the way—so."

When she was seated to his satisfac-
tion, he wheeled the chair around with
its back to the table, and then adjust-
ed the powerful electric reading lamp
so that it shed a beam horizontally
above the girl's head.

She surveyed these preparations with
a little uneasily. "It's like having a
tooth pulled," she said.

"Not a bit," said the doctor cheer-
fully. "It's not going to hurt. I can
want you to look into this little mirror
and tell me what you see."

He held it up before her eyes as he
spoke. It was circular, slightly con-
cave and was adjusted upon a long
ivory handle. He held it above her
head so that she had to strain her
eyes upward to see it at all, and at
such an angle that it reflected the
light of the reading lamp straight into
her eyes.

"I don't see anything at all but a
spot of yellow light."

"You only see one?" questioned the
doctor.

He pulled out his watch and glanced
at it. "Don't mind what I'm doing,"
he admonished her. "Look steadily at
the little mirror. Let me know how
long it is before you begin to see two
of those spots."

She wiped it on her apron and told
it on the center table; then wiped
her hand and started to pull down her
sleeve.

"That's a curious bit of tattooing
on your arm," the doctor commented.
"How did you come by it?"

"I don't know," she replied indiffer-
ently. "It's always been there. I
fancy; ever since I was your knife
won't get rusty, sir. And I hope you
don't mind my laughin' at that bit of
song you sang."

"Not a bit," said the doctor. "I
don't wonder the language struck you
as queer. Yet it was common enough
down in the quarter of the world
where I was born."

"And where might that be, sir?" she
asked.

"Oh, I meant the South Pacific gen-
erally. Where I lived was in New
Zealand."

"Fancy now!" she said, obviously
pleased. "That's where I come from."

"I Don't See Anything but a Spot of
Yellow Light!"

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the little mirror. Let me know how
long it is before you begin to see two
of those spots."

(TO BE CONTINUED.)

What's the Answer?

Questions No. 15

1—What is the name of the highest
peak of the Pyrenees?
2—Who was the winning running
horse of 1920?
3—What was the first steamship to
cross the Atlantic and when?
4—When was the first census taken?
5—What is copra?
6—What composer and master of the
piano created the form known
as the symphonic poem and wrote into
it the folk songs and dances of his
nation?
7—Who was called "The Good Gray
Poet"?

8—Of what country is the Rapha-
el a native and where does it grow?
9—What is the meaning of "innocent
deceit"?

10—In what chapter of Proverbs
is this verse: "It is an honour for a
man to cease from strife; but every
fool will be meddling?"

11—What range of hills is called the
backbone of England?
12—Who was the winner of the New
York-Port Chester marathon?
13—In whose administration were
the alien and sedition laws passed?
14—What President served two
terms with an interval of another
administration in between?

15—Who was the first to make an
airplane flight to the North pole?
16—What movie comedian in Amer-
ica, prior to Charlie Chaplin, achieved
celebrity for his acrobatic clowning?
17—Where did Dr. Harte die?
18—Where are Goblets found and
on what do they live?

19—Why is the sentence "This is
the best of the two" incorrect?
20—What is the remainder of the
5th verse, 37th chapter of Isaiah, which
reads: "So the servants of King Heze-
kiah came—?"

Answers No. 14
1—L. Goshawk made it in 1912 by
jumping 6 ft. 5 1/2 in.
2—Elas Howe, 1840.
3—Aaron Burr.
4—The science that treats of the
history of the earth and its life.
5—Recky Sharp, Texas of the Dr.
berverlies and Leah Kleschna.
6—Ben Nevis.
7—The Legends of King Arthur and
his Round Table.

8—A tropical bird of South America
whose most conspicuous ornament is
a high rounded crest of slender feath-
ers drooping forward over the end of
the bill.
9—No; the word used should be
"suspect."

10—"And there were born unto him
seven sons and three daughters."
11—Brittany, in France.
12—Locke of Nebraska made it in
9:49 sec.
13—1894.
14—John Quincy Adams.
15—in Colombia, South America.
16—John Ruskin.
17—Two series of humorous satir-
ical poems and stories written by
James Russell Lowell during the Mex-
ican and Civil wars.

18—It is a genus of orchids, of
commercial value as the source of an
extremely widely used in favoring cho-
colate, ice cream, etc., and is native to
North and South America.
19—The latter. The former is af-
fected by some would-be parists, with-
out justification.
20—A sacred song.

Witty Retort That
Put End to Heckling

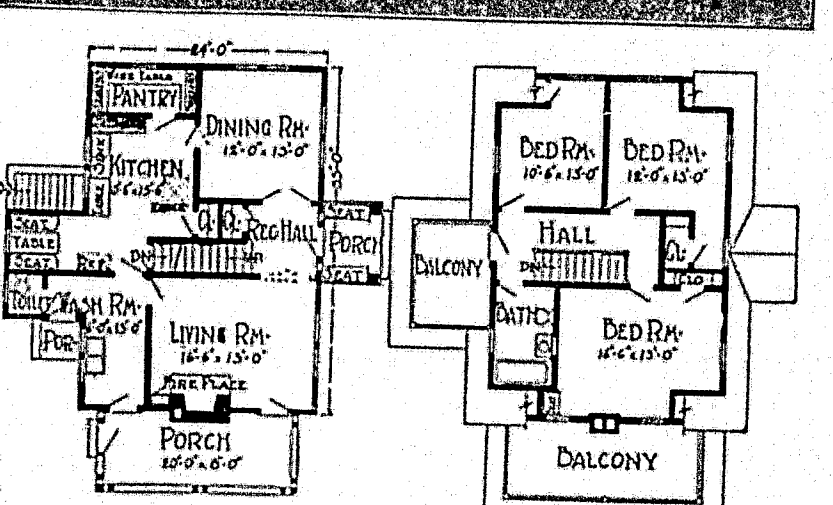
The late Rev. S. S. Henshaw, primi-
tive Methodist minister, will long be
remembered in Sheffield, says an En-
glish periodical. In earlier days he
was an active radical and did much
to help the parliamentary candidates
of his party. A little man, he had a
cutting wit. On one occasion, at elec-
tion time, his candidate was being
badly heckled by a giant publican,
who had come to smash the Liberals.
The member found him a difficult cus-
tomer. At last the little preacher
plucked his sleeve and whispered:
"Let me deal with him." Advancing
to the front of the platform, he asked
blandly: "Now, sir, what is it you
want?" The burly publican, thumbs
in the armpits of his waistcoat, eyed
him scornfully for a few moments,
and then growled: "Flee! Why,
man, I could eat thee!" "I dare say
you could," flashed back Mr. Henshaw,
smiling; "but if you did, you would
have more brains in your stomach
than you have ever had in your head."
There was no further trouble.

Famous Richmonds
Richmond is the name of three well-
known places. Richmond, in York-
shire, England, is noted for its fine
Norman castle, now used as barracks.
It is a place of great natural beauty.
Richmond, in Surrey, England, was
formerly called Sioce. The view over
the Thames is celebrated. The cap-
ital of the state of Virginia, on the
James river, is the city of Richmond.
It was the capital of the Southern
Confederacy during the Civil war.—
Montreal Herald.

Virtues of Men
In my exploration for the virtues of
men I have learned that patient
search usually discovers some refresh-
ing virtue wherever there has been
exhibited any unusual display of en-
ergy.—Stuart Sherman.

Wisdom in Reticence
"People who say little," said Sir
Isaac, the sage of Cheltenham, "reserve to
themselves the time for thinking
much."—Washington Star.

Dutch Colonial Home Contains Six Good, Well-Lighted Rooms



By W. A. RADFORD
Mr. William A. Radford will answer
questions and give advice FREE OF
CHARGE on all subjects pertaining to
practical home building, for the readers of
this paper. On account of his wide
experience as editor, author and man-
ager, he is, without doubt, the
highest authority on all these sub-
jects. Address all inquiries to William
A. Radford, No. 1827 Prairie avenue,
Chicago, Ill., and only inclose two-cent
stamp for reply.

There is something about a Dutch
colonial home that gives it the ap-
pearance of being a much larger
house than it really is. At first
glance the home shown in the illus-
tration below looks like a large house,
containing many rooms. In reality,
this house contains but six rooms,
but all are of good size; each has nu-
merous windows, and as a conse-
quence, is well ventilated.

The attractiveness of the exterior
appearance of a Dutch colonial home
comes from the long, graceful sweep
of the roof, and the broken lines made
by the wide dormers that are set in
either side of the roof. These dor-

mers give a considerable amount of
space in the upstairs rooms, and be-
sides permit numerous windows that
make them light and airy. Another
attractive feature of this type of home
is the central entrance, usually hav-
ing a small open porch covered with
an artistic roof supported by colonial
columns.

The house shown here is 35 feet
wide and 24 feet deep. The entrance
leads into a central hall, on one side
of which is the living room and on
the other the dining room. This ar-
rangement brings both of these rooms
to the front of the house. In this
home the living room is 13 by 10 feet
6 inches. Note that the open porch
that adjoins the living room may be
reached either from the room itself or
from the washroom that is directly
back of it. An open fireplace adds to
the comfort of this room in winter.

The dining room on the opposite
side of the house is not quite so large
as the living room, but is 12 by 13 feet,
a size that will accommodate a rather
large family.

Choose Furnace With Care
if You Would Save Fuel
The home owner who would enjoy
that greatest of home comforts, per-
fect warmth, whenever he needs it,
and in just the right degree, must se-
lect his boiler with care and discrimi-
nation.

It is seldom realized that the usual
boiler consumes, during each heating
season, an amount of coal which
equals or exceeds the initial cost of
the boiler.

Without a supply of air, combustion
cannot take place. That is evidenced
by the simple experiment of placing a
glass over a lighted candle, and
watching the quick extinction of the
flame when the supply of oxygen is
cut off. The rate of combustion of any
fuel may be controlled through its air
supply. Stored up in a candle, for in-
stance, is a definite heating power. As
the candle burns, the heat units are
liberated. Obviously, the more slowly
the candle burns the longer it will
last, for its total heat energy does
not change. Control is the vital fac-
tor.

It is so with the burning of a pound
of any given grade of coal. Within
it lies a definite heating value, and in
order that its heating value may be
utilized to the maximum by any boiler,
it is first necessary that the coal
be burned at controlled rates in ac-
cordance with weather conditions. An
imperfectly controlled fire means the
loss of immeasurable quantities of heat.

It is the function of a boiler to burn
its coal supply, to absorb as much as
possible of the heat thus generated,
and to deliver this heat in the form of
steam vapor, or hot water for heating
purposes. The efficiency of any boiler
is measured by the ratio between the
total amount of potential heat con-
tained in the fuel supplied to it and
the amount which that boiler actually
absorbs and utilizes. Consequently, the
home owner should carefully consider
this aspect of the boiler he considers
installing.

Small Home Not Built
by Rule of Thumb Plan
Most persons suppose that the plan
of a small home is simply the result
of following a few "rules of thumb,"
and that by a few trials and shut-
tles of mere spaces for rooms, with
walls on four sides and some kind
of a cheap roof, a house can be com-
pleted.

The sorry truth is that many so-
called houses emerge from this meth-
od, but certainly no correct solution
if a home builder's problem is thus
settled.

Each room must have its appropri-
ate size, shape, aspect and relation to
other parts of the house. Proper re-
lation of rooms means no waste of
time of the occupants when going
from one part of the house to another.

Bedroom Requires Good
Light for Proper Effect
Bedrooms of the past have been
overlooked too often from the stand-
point of lighting. As a result the
labor spent to embellish and beautify
this room was lost in the evening be-
cause the light was either too harsh
or too dim to bring out the beauty of
the furnishings.

For the well-lighted bedroom of the
present, a central overhead lighting
fixture is perhaps the best for gen-
eral illumination. To this may be
added wall brackets near the dressing
table and standing lamps of appro-
priate color tone or hooded lamps
near the bed for those who like to
read themselves to sleep.

Of course, the style and color will
differ in the rooms for the feminine
user from these in a man's room.

Oak Floor Needs Wax
Dressing Once a Year
The occasional use of a weighted
floor brush will assist in keeping the
finish of your oak floor in the best
condition. At least once a year the
floor should be given a dressing of
wax, well rubbed. Do not neglect
your floor until the finish is worn
down to the wood. A little attention
at the right time maintains "the per-
fect floor" indefinitely.

Fireproofing Home
Build your home for greater health
and comfort by using fireproof sys-
tem lath instead of wood lath as a
base for the plaster. Enjoy the
greater insulation against heat and
cold. Enjoy the greater safety and
beauty (the only lath streaks or
stains) of this modern construction.

STATE OF MAINE

To all persons interested in either of the Estates hereinafter named:
At a Probate Court, held at Rumford, in and for the County of Oxford, on the fourth Tuesday of August, in the year of our Lord one thousand nine hundred and twenty-seven. The following matters having been presented for the action thereupon hereinafter indicated, it is hereby ORDERED:

That notice thereof be given to all persons interested, by causing a copy of this order to be published three weeks successively in the Oxford County Citizen, a newspaper published at Bethel, in said County, that they may appear at a Probate Court to be held at Rumford on the third Tuesday of September, A. D. 1927, at 9 o'clock in the forenoon, and be heard thereon if they see cause.

Harriet H. Scarborough late of Bethel, deceased; petition for license to sell and convey real estate and distribute the proceeds presented by Benjamin W. Kimball and others, heirs living in other states.

Witness, Henry H. Hastings, Judge of said court at Rumford this fourth Tuesday of August in the year of our Lord one thousand nine hundred and twenty-seven.

ALBERT D. PARK, Register.

NOTICE

The subscriber hereby gives notice that he has been duly appointed Administrator of the Estate of George H. Haywood late of Upton in the County of Oxford, deceased, and given bonds as the law directs. All persons having demands against the estate of said deceased are desired to present the same for settlement, and all indebted thereto are requested to make payment immediately.

BILLY C. PARK, Bethel, Maine August 23, 1927.

NOTICE

The subscriber hereby gives notice that he has been duly appointed Administrator with the Will annexed of the Estate of Charles H. Douglass late of Bethel in the County of Oxford, deceased, and given bonds as the law directs. All persons having demands against the estate of said deceased are desired to present the same for settlement, and all indebted thereto are requested to make payment immediately.

FRED L. DOUGLASS, Bethel, Maine August 23, 1927.

NOTICE

The subscriber hereby gives notice that she has been duly appointed Administratrix of the Estate of Adella Curtis late of Woodstock in the County of Oxford, deceased, and given bonds as the law directs. All persons having demands against the estate of said deceased are desired to present the same for settlement, and all indebted thereto are requested to make payment immediately.

MARY P. CROCKETT, Bryant's Pond, Maine August 23, 1927.

Patient or Patients

"The more patient pedestrians, the fewer pedestrian patients," is how the Wall Street Journal puts it.

MT. KATAHDIN LURES MANY TO HER

That the lure of the Mount Katahdin region is attracting more and more people to it every year, is evidenced by the number of prominent people in addition to the every day tourist and mountain lover that have visited that region the past summer.

That much interest is being evidenced in the proper naming of the various ridges and spurs and trails is shown by correspondence received at the State House by Governor Ralph O. Brewster who has personally taken much interest in this region and its development.

One letter, typical of many, is from Henry R. Buck, a prominent engineer and architect of Hartford, Conn. Mr. Buck has long been an admirer of the Katahdin region and the past summer made extensive surveys of the entire region. With him was Judge Arthur Perkins, Chairman of the Connecticut section of the Appalachian Mountain Club, who was correcting the club's mapping of the region.

In part Mr. Buck wrote: "I have just returned from a canoe trip to Haystack Lake and a walk out from there over the Traveller and Mt. Katahdin to York's and I want to thank you, if I may, for the influence you exerted in having the Hunt Trail cleaned up this spring. It is a joy to walk over it without having to climb the blow-downs that have marred it for the last two years, and the relocation of the Appalachian trail through the Great Basin, so that it lies on firm high ground instead of following the old brook bed was a real God-send."

Katahdin is making new converts every year and the traffic over these trails cannot fail to increase tremendously because of their greatly improved condition."

In commenting on the proper naming of the various sections of the region, Mr. Buck said:

"As Judge Perkins says, there are three classes of names: Descriptive, of course descriptive to in a way, and Personal. When people have use for a place they name it. The Indians named the large lakes and their travel routes but the smaller mountains mattered little to them and were rarely named."

The lumbermen named their camps and the hikers named the peaks they used, almost always after the foreman of the operation. The old account books at the Katahdin Club, going back to 1847, read like a gallery of the region, Charles, Theall, Carpenter, Chase, Smith, all lumbermen.

"In the same way the fishermen named the smaller ponds when the city sports began to use them. York named McKenna after a doctor from Troy."

N. Y. Faller was another sport. Polly, a fellow who was up here named it after his girl," etc.

"Is it not inevitable that the mountain climbers should name the hills, more and more in detail as they use them more intensively? In New Hampshire every ridge and spur of the Presidential has its own name and Katahdin must eventually approach that condition. We already have Hamlin Ridge, after the geologist, and we are flirting with 'Kreep Ridge', 'Parson Keep Ridge' or perhaps better the 'Parson's Ridge' after the Arnostook preacher who did so much to advertise the region in the last generation and who always climbed by that ridge."

"Why not 'Harvey Ridge' after the botanist who first described the North West basin or 'Witherlee Ravine' after the Castine man who climbed through it?"

"The point is that new names will come when needed and that some interested guidance might prevent the jumble of meaningless personal names, like Mayo Pond or the forgotten sport's best girl, which is pretty sure to occur unless there is some authority to prevent ill-judged action and suggest euphonious, meaningful and preferably descriptive names as they are needed."

MAINE EXHIBIT, EASTERN STATES EXPOSITION

Plans for the Maine exhibit in the State of Maine Building at the Eastern States Exposition to be held at Springfield starting September 15th and running through the week were announced recently by Commissioner of Agriculture, Frank E. Washburn, and show all the exhibit booths to be already taken, with new innovations, which gives assurance that this will be one of the most comprehensive state exhibits that Maine has yet put on at the Exposition. The Maine Building has been newly painted and a new lawn laid around it, and the old-fashioned garden, which has always been an attractive feature of the grounds, has been remodelled. The annuals have been replaced with perennials that bloom in the fall at the time the Exposition is on.

The Agricultural display this year will be the best ever put on. It will feature the business of dairying in Maine. It will show the progress of dairying from the time of the old time farm house up to the modern dairy farm. This will be worked out with models in a very attractive way. For the background of the exhibit there will be a painting of a freight car with an open door. In other words, it will show the entire process of dairying from the milk is put on the train.

The Fish and Game exhibit will show the much more comprehensive than heretofore. The exhibit will take up practically the entire rear of the Maine Building. Another feature will be a new enclosure and the exhibit put on by Westworth of Eastport. This will be new and should be most interesting, showing the whole process.

One of the agricultural and industrial exhibits in the building, the big feature of the Maine participation in the Exposition will be the 129 boys and girls picked as prize winners from every county in the State who will go to the Exposition, with all expenses paid, under the auspices of the State Chamber of Commerce. They will be accompanied by eight chaperones. The idea is to educate these young folks to see at first hand the many things the Exposition has to offer along agricultural and industrial lines.

They will be in charge of Lester H. Shibles, State Club leader of the Extension Service of the University of Maine. He will be assisted by Miss Mildred Brown, Assistant leader of the service. Last year they were put in tents but this year, due to the interest of the Exposition officials, they will be housed in one of the buildings on the grounds.

Last year they gaped the entire Exposition and they are planning to skip this up even more this year with new sights and shows.

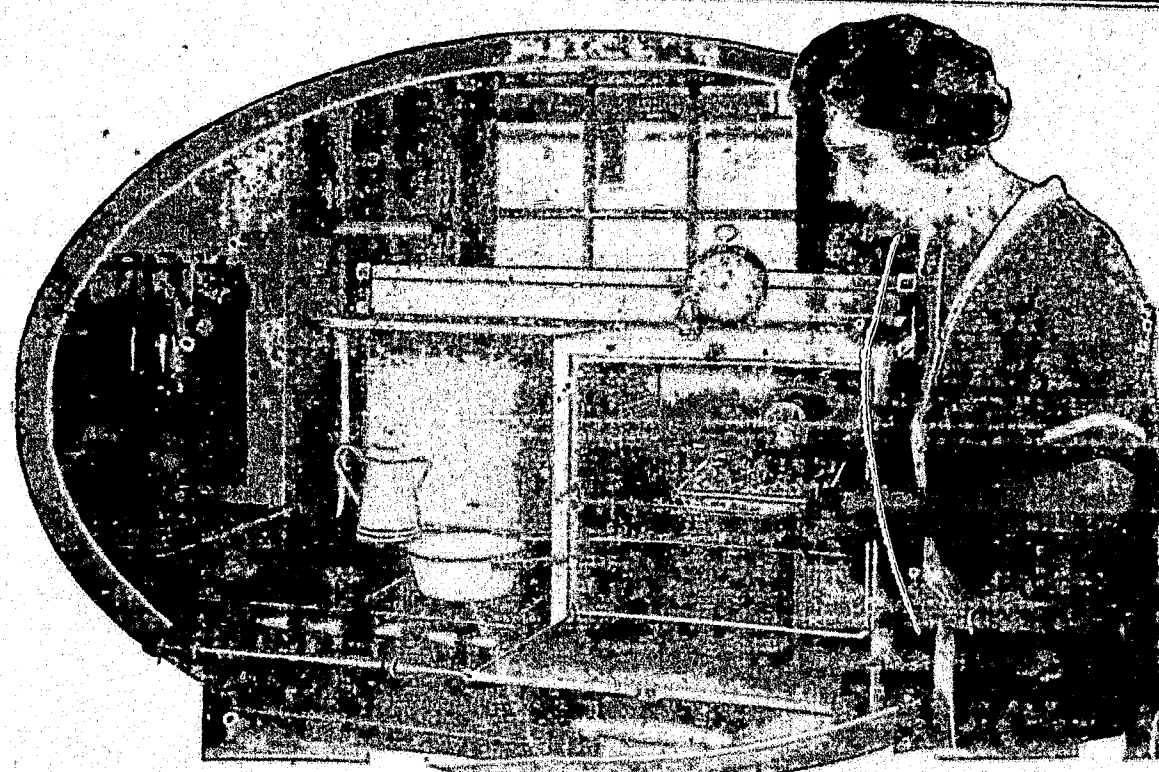
Every child selected must have been engaged in approved club project work right up to Sept. 1st. In other words every one will be a prize winner in some line of endeavor. The children are picked, eight from each county, on merit for work accomplished along agricultural lines.

They will gather in Portland September 10th where they will remain over night at the Falmouth Hotel leaving for Springfield on a special train the 17th.

Those in charge of the Maine exhibit and who make up the Maine Building Commission are: Frank B. Marshall, Chairman, Frank E. Washburn, Secretary, John Lebed, L. M. Carroll, and J. H. Douglass.

Maine potato crop estimated at 40, 157,000 bushels, 9 per cent increase over 1926.

Industry is the lifeblood of the economy. Cities grow and prosper through acquisition of new industries and expansion of manufacturing already established.



HOW TO LOSE WEIGHT AND KEEP VITALITY

HOW to reduce weight and increase energy is the problem not only of the woman who would be fashionably slim, but also of the man who likes to boast of being "in good condition."

No one likes to deny himself continually. For this reason diets, which will bring one's weight back to normal, in a comparatively short time, have become increasingly popular. But the unfortunate thing is that most diets which reduce weight also reduce energy.

Most foods which supply something toward the building and repairing of tissues, supply as much to the fat cells as to the lean tissues. And on the other hand, those foods which do not supply any starches, sugars or other fat-making properties to the body, do not always contain the food elements necessary to keep the body functioning properly.

A prominent physician, whose office had been filled with people seeking a scientific way to reduce weight without reducing vitality, offered, not so long since, what he considered an ideal diet for reducing weight. It is simply a combination of lamb chops and pineapple. Both are known to have low-calorie building properties, both contain protein, lime, (needed for bone building and repairing,) mineral salts, a large proportion of liquid, cells and red blood cells, and roughage, essential to elimination.

Neither pineapple nor lamb chops have fat-producing properties, they are very important in the fact that lamb chops combined with pineapple make an appetizing and satisfying food.

Canned pineapple is preferable to the fresh fruit, in this diet as it is available at all times, and because fresh pineapple usually has to be picked green and allowed to ripen in ships on route, whereas the canned pineapple is the only really ripe pineapple exported. The fruit to be canned has ripened to full maturity in Hawaiian fields under tropical sun, and therefore contains more vitamins and natural fruit sugars.

Also, canned pineapple is full of "readily usable" energy, because it is preserved in cane sugar, and contains both the natural sugar of the ripened pineapple and the pure cane sugar added when the fruit is canned. And sugar is converted into energy within twenty minutes after it enters the stomach. But people who are accustomed to eating an amount of energizing sugar invariably feel their energy decreasing on beginning a diet. They have acquired the habit of eating sweets. But by including pineapple, so rich in both cane and fruit sugars, the craving for sweets is partly satisfied, and at the same time there is energy necessary for the usual activities of the day.

It is very important that the person who is reducing weight should take a normal amount of exercise, because excessive inactivity, the leading cause of fat, warns us against a diet which supplies energy to the extent that we have fat-producing properties, fatty deposits.

Worse of serving the lamb chops and pineapple diet may be varied so that it will not be a monotonous diet. Both may be broiled, or roasted, or the pineapple may be eaten as it comes from the can.

One woman who lost weight consistently on this diet, adhered to the following method of serving:

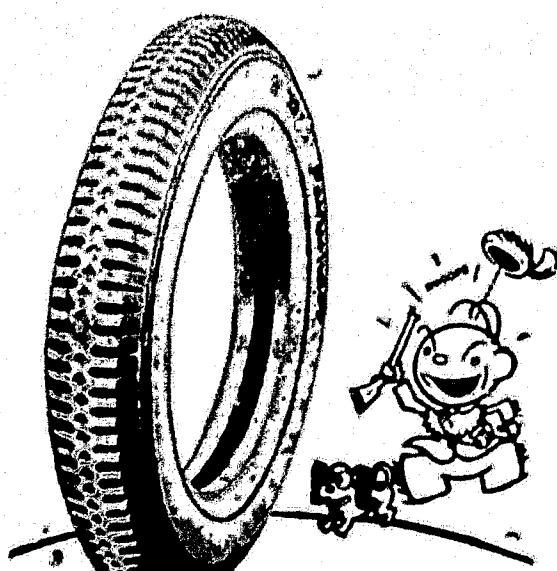
Breakfast: One lamb chop broiled and two slices of pineapple, coffee, preferably plain, but one lump of sugar may be added if one wishes the morning cup sweetened.

Luncheon: Place one lamb chop on a broiler and cook for eight minutes without turning. Turn and cover with a slice of Hawaiian pineapple. Broil eight minutes more and serve on hot platter. A glass of pineapple juice may be served with this luncheon. (This is available now in cans.)

Dinner: Roast two lamb chops and two slices of pineapple in a self-basting, which allows the juices of the chops to permeate the pineapple; coffee without cream or sugar.

Physicians advise that reducing be done slowly so that the body may accustom itself gradually to the changes. One-fourth of a pound a day is sufficient to lose, so if after a few days on the diet, it is discovered that weight is being lost too rapidly, it would be well to eat a slice of pineapple daily so that one-fourth of a pound a day will be the average loss. A pound of fat is equal to about 4,000 calories. Therefore in losing a fourth of a pound each day we are decreasing our diet 1,000 calories, which is sufficient.

From the practical standpoint, it is suggested that one eat very early in the day, so that one can keep "tight" on the pound so that the restrictions involved by the diet, will seem worth while.



THE late Tom Marshall DIDN'T sum it all up WHEN he said that WHAT this country needed WAS a good nickel cigar, ACCORDING to a fellow RIGHT here in town WHOSE first name is Jim JIM informed us JUST the other day THAT this country ALSO needed a good tire AT a low price "WHY, Jim," said we, "YOU don't keep up on CURRENT events THIS country has a DANDY-GOOD tire RIGHT now AT a surprisingly low price THE PATHFINDER GOODYEAR makes it AND guarantees it LOTS of car owners RIGHT here in Bethel ARE using it and YOU can ask any of them IF they're not more than SATISFIED THE price on the 36x3 1/2 Cord is 7.65 THE 29x1.40 Balloons COSTS only 6.25 OTHER sizes are offered AT the same money SAVING prices" WELL, Jim drove away WITH a new Pathfinder ON his car AND his tire problem IS a thing OF the past WH thank you

GAS 20c. Our prices are on the pumps.

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MAIN ST., BETHEL, MAINE

Protect Your Lunch with Pad-O-Wax

the heavier wax paper

Put up in convenient tablet form

50 Sheets, 10c

Size 10x12 inches

For sale at the office of

The Oxford County Citizen

Granges, Grange leaders and scores of

individual members communicated to Governor Fuller their conviction that the law should be permitted to take its course.

Governor Fuller is himself a member of the Grange in Massachusetts, is frequently a guest and speaker at the annual session of the State Grange and is expected to address that body at its next annual meeting to be held at Boston in early December.

Heavy Damage by Rats
Rats cause a damage of \$3,000,000, 000 in England each year, according to a recent estimate

Bilious Headache

Quickly relieved and the stomach cleansed and toned with

"L. F." Atwood's Medicine
60 doses 50c, Trial bottle 15c. All Dealers.

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Bethel, Maine

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